

VIBE PROTOCOLS

Choose the menu protocol (bold items below) that is the nearest match for the condition.

Use those first, followed by the Brainwave (BW) expansion protocols if needed.

When there are multiple BW protocols, do them in the order listed within a 12 hr period.

Acne (0:36)	
Skin Allergies, Decubitus, Ulcus Cruris	BW Alpha (0:30)+BW Beta (0:30)
ADHD (1:18)	
Allergy (0:26)	
Alzheimer's (0:30)	BW Delta (0:30)+BW Theta (0:30)
Angina	BW Delta (0:30)+BW Theta (0:30)
Anti-aging (1:00)	
Anxiety (0:30)	
Arteriosclerosis	BW Theta (0:30)+BW Alpha (0:30)
Arthritis (1:03)	
Osteoarthritis	BW Alpha (0:30)+BW Beta (0:30)
Rheumatoid Arthritis	BW Alpha (0:30)+BW Beta (0:30)
Asthma (0:33)	
Awaken (0:30)	
Brain Balancing (0:41)	
Brain Fog (0:30)	
Bruises	BW Alpha (0:30)+BW Beta (0:30)
BW Alpha (0:30) <i>Relax/Focus</i>	
BW Beta (0:30) <i>Alert/Focus</i>	
BW Delta (0:30) <i>Sleep</i>	
BW Gamma (0:30) <i>Cognitive</i>	
BW Theta (0:30) <i>Creative/Imagine</i>	
Breast Health (0:49)	
Bronchitis (0:39)	
Carpal Tunnel (1:08)	
Circulatory dysfunction	BW Theta (0:30)+BW Alpha (0:30)
Cold Sores (2:30)	
Cold (1:27)	
Connect (0:30) <i>Empathy</i>	
Constipation (0:41)	
Crohn's Disease	BW Beta (0:30)
Cystitis	BW Theta (0:30)
Dental and oral diseases	BW Gamma (0:30)
Depression (0:32)	BW Delta (0:30)+BW Beta (0:30)
DIA (1:49) <i>Depression/Insomnia/Anxiety</i>	
Diabetes	BW Beta (0:30)
Dizziness	BW Alpha (0:30)+BW Beta (0:30)

Earth 7.83 (0:30) <i>Earth's frequency - calming/grounding</i>	
Earth 14.1 (0:30) <i>Healing</i>	
Earth 20.3 (0:30) <i>Communication/connection</i>	
Eczema	BW Alpha (0:30)+BW Beta (0:30)
Erectile Dysfunction	BW Theta (0:30)
Express 741 (0:30)	Creativity/Self Expression
Chronic blepharitis (eyelid inflammation)	BW Delta (0:30)
Fibromyalgia (2:24)	BW Beta (0:30)
Flu (2:19)	
Fractures	BW Alpha (0:30)+BW Beta (0:30)
Frozen shoulder	BW Theta (0:30)
General Inflammation (0:36)	
Glaucoma, atrophy of the optic nerve	BW Alpha (0:30)+BW Beta (0:30)
Hangover (1:00)	
Headache	BW Delta (0:30)+BW Theta (0:30)
Heart (0:46)	
Arrhythmia	BW Theta (0:30)
Hepatitis	BW Beta (0:30)
Herniated disc	BW Beta (0:30)+BW Gamma (0:30)
Hyperactivity	BW Beta (0:30)
High blood pressure	BW Delta (0:30)+BW Theta (0:30)
Immune (0:32)	BW Beta (0:30)
IR (0:42)	
Joint dislocations and sprains	BW Alpha (0:30)
Kidney (0:26)	
Liberate (0:30) <i>Anger</i>	
Ligament injuries	BW Alpha (0:30)+BW Beta (0:30)
Liver (0:39)	
Love (0:30)	
Low Back Pain (1:02)	
Sciatica	BW Beta (0:30)
Low blood pressure	BW Beta (0:30)
Lumbago	BW Alpha (0:30)+BW Beta (0:30)
Lymphatic disorders	BW Beta (0:30)
Menopause	BW Theta (0:30)
Menstrual pain	BW Theta (0:30)
Migraine (1:06)	BW Theta (0:30)+BW Alpha (0:30)
Mono (0:36)	
Multiple Sclerosis	BW Theta (0:30)+BW Alpha (0:30)+BW Beta (0:30)
Muscles strains	BW Alpha (0:30)+BW Beta (0:30)
Musculoskeletal pain	BW Alpha (0:30)
Neck (0:42)	

Cervical Vertebra Pain	BW Beta (0:30)
Nerve pain or neuropathy	BW Theta (0:30)
Neuralgia Trigemini	BW Beta (0:30)
Neurodermatitis	BW Alpha (0:30)+BW Beta (0:30)
Osteonecrosis/osteochondrosis	BW Alpha (0:30)+BW Beta (0:30)
Osteoporosis	BW Alpha (0:30)+BW Beta (0:30)
Pain from wound healing	BW Alpha (0:30)+BW Beta (0:30)
Parkinson's Disease	BW Beta (0:30)
Pelvic pain (chronic)	BW Theta (0:30)
Periostitis	BW Theta (0:30)
Phantom pain	BW Beta (0:30)
Poor circulation	BW Delta (0:30)+BW Theta (0:30)+BW Beta (0:30)
PMS (2:06)	
Prostate (0:44)	
Prostatitis	BW Delta (0:30)+BW Theta (0:30)
Psoriasis	BW Beta (0:30)
Psoriatic arthritis	BW Beta (0:30)
Psychosomatic Syndrome	BW Beta (0:30)
PTSD (2:15)	
Raynaud's Syndrome	BW Beta (0:30)
Relax (0:32)	
Resolve (0:30) <i>Problem solving</i>	
Respiratory diseases	BW Beta (0:30)
Shingles (2:30)	
Sleep (0:47)	BW Delta (0:30)+BW Theta (0:30)
Smoking (2:36)	
Spinal injuries	BW Beta (0:30)
Stomach aches	BW Alpha (0:30)+BW Beta (0:30)
Stress	BW Delta (0:30)+BW Theta (0:30)
Stroke	BW Theta (0:30)+BW Alpha (0:30)+BW Beta (0:30)
Swelling (Edema)	BW Alpha (0:30)
Sun Burn (0:34)	
Systemic Lupus Erythematosus (SLE)	BW Beta (0:30)
Tendinitis (1:26)	BW Alpha (0:30)
Tinnitus (1:46)	BW Alpha (0:30)
TMJ (2:11)	
Tuberculosis (TB)	BW Theta (0:30)
Varicose Veins	BW Theta (0:30)+BW Alpha (0:30)
Vagus Nerve (0:30)	
Weight Loss (0:42)	
White Coat (0:30)	
Wound (0:49)	BW Delta (0:30)+BW Theta (0:30)